



## Refer Your Patients

to one our our five star facilities

MANCHESTER	NORTH LONDON
BIRMINGHAM	HAMPSHIRE
NEWCASTLE	SURREY
UTTOXETER	MAIDSTONE
YORKSHIRE	BRIGHTON
YORK	COLCHESTER
PRESTON	WEST LONDON
SHEFFIELD	LEICESTER
NOTTINGHAM	

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# OPTEGRA EYE HEALTH CARE

## Referral Guide



### NHS REFERRALS

#### E-referral:

All healthcare professionals referring NHS patients to Optegra should use the NHS E-referral service where possible - **just search for 'Optegra', we are on the secondary care menu.**

#### Opera:

If referring via Opera please select Optegra from the dropdown. Where E-referral or Opera is not available, you can send a referral letter via the following:

**Email:** [optegra.referrals1@nhs.net](mailto:optegra.referrals1@nhs.net) | [optegra.urgent@nhs.net](mailto:optegra.urgent@nhs.net)

**Fax:** 0207 022 1651 **Call:** 020 7509 4186

**Post:** Optegra Eye Hospital Manchester, One Didsbury Point, 2 The Avenue, Didsbury, Manchester, M20 2EY

#### NHS YAG Referrals:

**Email:** [optegra.referrals1@NHS.net](mailto:optegra.referrals1@NHS.net)

#### Post Operative Care:

**Standard Post op admin:** [optegra.postops@nhs.net](mailto:optegra.postops@nhs.net)

**Urgent Post op admin:** [optegra.urgent@nhs.net](mailto:optegra.urgent@nhs.net)

### CLINICAL AND GENERAL ADVICE

8am-6pm Monday-Friday

**Phone:** 0203 137 9418 | **Email:** [optegra.advice@nhs.net](mailto:optegra.advice@nhs.net)



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### EXCLUSION CRITERIA

**Any patient with the following is not suitable for treatment at Optegra**

- Under 18 years old
- Weight above 39 stone/250kg
- Unable to lie flat for 30 minutes
- Unable to transfer independently
- If they have an implantable defibrillator
- On home oxygen
- Anaphylaxis to an unknown cause
- CKD stage 4 or above or on renal dialysis
- Organ or stem cell transplant at any time in their life
- Active cancer treatment- chemotherapy/radiotherapy