

# Glaucoma Treatment

## Why Choose Optegra

Optegra have been a trusted NHS partner for over 10 years, successfully treating over 1 million patients to the highest standards of patient and medical care.

Given the higher demands placed on local ophthalmology services we are delighted to now offer glaucoma treatment, helping to ensure your patients receive crucial and timely treatment within as little as two weeks, without ever compromising on exceptional outcome quality.

Our glaucoma pathway is overseen by industry recognised ophthalmic consultant, Dr Robert Petrarca. We will be accepting patients with early to moderate glaucoma conditions, please see back of this leaflet for more guidance on patient suitability.



With the new monitoring, review and treatment service, we will only need to refer those patients who need complex trabeculectomy surgery on to Trusts.

This means speedier access to glaucoma specialists and treatment for patients, as well as helping relieve Trust waiting lists.”



**Dr Robert Petrarca**  
Consultant Ophthalmic Surgeon  
and Glaucoma Lead at Optegra

To learn more visit  
[optegra.com/NHS](https://optegra.com/NHS)  
or call 0800 862 0277



## The levels of glaucoma we accept are early and moderate glaucoma. We unfortunately cannot accept advanced glaucoma, e.g. only eye, previous glaucoma surgery, poor vision.

As per the commissioned pathway, all referrals should be sent via the Glaucoma Enhanced Referral Service (GERS).

We accept referrals based on a glaucoma risk stratification tool, the Glau-Strat-Fast, developed in collaboration with RCOphth and UKEGS. At Optegra we accept “**Green**” and “**Amber**” cases. We cannot accept “**Red**” cases.

| RED | <b>R1</b><br>Advanced 1° open angle /<br>angle closure glaucoma  | <b>R2</b><br>Advanced 2° glaucoma<br>Developmental glaucoma  | <b>R3</b><br>Advanced glaucoma<br>+ high IOP<br><br>Surgical glaucoma<br>(peri-op)<br><br>Progressive glaucoma<br>(reliable visual field<br>changes) | >8 dB  |
|-----|--|--|--|--|
|     | <b>A1</b><br>Moderate 1° open angle<br>(< 3 drops)<br><br>Early 1° angle closure<br>glaucoma<br><br>Early 2° glaucoma (< 4 dB) | <b>A2</b><br>Moderate 1° open angle<br>glaucoma (3 or more drops)<br><br>Moderate 1° angle closure<br>glaucoma | <b>A3</b><br>Moderate 2° glaucoma  | 4-8 dB<br><br><4 dB<br>If loss <5°<br>from fixation<br>or angle<br>closure/<br>2° glaucoma |
|     | <b>G1</b><br>Moderate 1° open angle<br>untreated 1° OHT<br><br>Glaucoma suspect  | <b>G2</b><br>Treated 1° OHT<br><br>1° angle closure suspect  | <b>G3</b><br>2° OHT<br><br>1° angle closure<br><br>Early 1° open angle<br>glaucoma   | <4 dB  |

### Red Flag (consider RED)

- >2dB VF change in a single year
- Only eye
- Unexplained visual acuity loss
- Current glaucoma drug reaction
- OIP >40 mmHg at any stage
- Neuro-ophthalmic tumour

### Plus (+) Factors

- Ophthalmic co-morbidity
- Orbital/ Plastic/ Neuro-ophth/ Tumour
- Ocular surface cicatricial disease
- Multiple drpo reactions
- Keratoconus/ thin cornea (<490)
- Uveitis
- Significant retinal disease
- Extremes of axial length
- Previous glaucoma surgery

### Systemic/ Social Factors

- Relevant systemic conditions
- Mental/ physical disability
- Socio-economic deprivation
- Needs transport